



# COUNSELLING & LIFE COACHING



JACQUELINE SEGAL

“We all need Life coaching  
and support at some  
stage in our life”

# Jacqueline Segal MAppSci

M.A.C.A., A.I.P.C. Clinical, Supervisor.

Jacqueline has a Masters degree in Applied Science. She has worked in the field of behavioural science and personal development for many years as an educator, lecturer, facilitator and workshop trainer.

Using her understanding of human behaviour, personal development and years of experience, Jacqueline has become a very effective and highly skilled counsellor.



If you can answer YES to any of the following, counselling can assist you:

- Need support and direction
- Communication breakdown
- Children are difficult
- Life seems meaningless
- Relationships are difficult
- Experiencing loss and grief
- Watch television too much
- Sleeping excessively
- Sexuality is an issue
- Gambling is a problem
- Consuming alcohol in excess
- Relying on drugs
- Weight and food are issues
- Suffering from anxiety
- Often feel depressed
- Spiritually depleted

#### **The Intuitive Well**

Bondi Junction  
Ph: 9387 8777

#### **Inner Harmony and Health**

Castle Hill  
Ph: 8850 7822

#### **The Grove**

Wisemans Ferry  
Ph: 4566 4614

A one hour consultation is \$120  
(Rebates available from some funds)

Jacqueline Segal  
718 Webbs Creek Road  
Wisemans Ferry, 2775

Ph: 4566 4614 ~ 0411 656 350  
Email: jacquisegal@gmail.com  
Website: www.jacquisegal.net